



Simsbury Little League is pleased to offer an American Red Cross First Aid and CPR course prior to the start of the 2026 Little League Season.

- For Who?** Simsbury Little League Coaches and Volunteers. Little League International highly recommends First Aid and CPR training, however this is not a mandatory requirement for coaches and volunteers.
- When?** Once registered, the instructor will send further information and links to video training via your provided email. There are online mandatory videos on the American Red Cross website that must be watched prior to the in person training. The in person training will be held on Wednesday March 4th. Time TBD. There will be a limited number of available participants. Register early to secure your spot. In person training will be held at the Freemasons Lodge of Simsbury. Depending on enrollment, there may be several class times.
- Specifics:** Course focused to train non-medical and medical persons in the American Red Cross application of First Aid and CPR training including the use of Automatic External Defibrillators (AEDs).
- Included:** American Red Cross First Aid and CPR certification. Certifications are valid for two years upon completion. The course consists of online, home learning that must be completed prior to the in person session and demonstration of learned skills in front of an American Red Cross Instructor. Upon successful completion, an American Red Cross First Aid and CPR card will be rewarded.
- Steps:**
1. Register for Simsbury Little League sponsored American Red Cross First Aid and CPR Course through the Simsbury Little League website.
 2. Access the American Red Cross course online via an email sent by the course instructor and watch the necessary videos provided at home at your convenience. You will be required to watch the American Red Cross videos online prior to the March 4th in person session.
 3. Attend the in person training held on Wednesday March 4th at the Freemasons Lodge in Simsbury, time TBD for the in person training and awarded the American Red Cross Certification card. Certifications are valid for two years upon completion.

Free Masons Lodge of Simsbury: 991 Hopmeadow Street, Simsbury, CT 06070

Parking: In the back of the Freemason Lodge or in the adjacent Liberty Bank parking lot.